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# D-chiro-inositol glycan stimulates insulin secretion in pancreatic b cells

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# Abstract

Insulin has been shown to act on pancreatic  $\beta$  cells to regulate its own secretion. Currently the mechanism underlying this effect is unclear. INS-2, a novel inositol glycan pseudo-disaccharide containing D-chiro-inositol and galactosamine, has been shown to function as an insulin mimetic and a putative insulin mediator. In the present study we found that INS-2 stimulates insulin secretion in MIN6  $\beta$  cells and potentiates glucose stimulated insulin secretion in isolated mouse islets. Importantly, INS-2 failed to potentiate insulin secretion induced by tolbutamide, which stimulates insulin release by closing ATP sensitive potassium channels (K<sub>ATP</sub>). Electrophysiological studies showed that INS-2 inhibited sulfonylurea-sensitive K<sub>ATP</sub> conductance. The effect of INS-2 on inhibiting K<sub>ATP</sub> channel is mediated by protein phosphatase 2C (PP2C), as knocking down PP2C expression in MIN6 cells by PP2C small hairpin RNA completely abolished the effect of INS-2 on K<sub>ATP</sub> and consequently attenuated INS-2 induced insulin secretion. In conclusion, the present study identifies a novel mechanism involving PP2C in regulating K<sub>ATP</sub> channel activity and consequently insulin secretion.

## Keywords

INS-2; insulin secretion; KATP; PP2C; islet; MIN6

# 1. Introduction

Insulin from pancreatic  $\beta$  cells plays a pivotal role in regulating glucose homeostasis. Thus, it is not surprising that insulin secretion is tightly regulated by multiple factors and signals [1,2]. The release is predominantly controlled by glucose, as glucose alone can effectively stimulate insulin secretion [3]. In addition to glucose, a number of secretagogues including glucagon-like peptide 1 (GLP-1) and gastric inhibitory peptide (GIP) stimulate insulin release in a glucose dependent manner [4,5].

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Conflict of Interest: The authors declare that they have no conflict of interest.

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Accumulating evidence has shown that intra-islet communications via both autocrine and paracrine interactions also play a critical role in insulin secretion and ultimately glucose homeostasis. For example, glucagon secreted from pancreatic  $\beta$  cells potentiates insulin secretion, while somatostatin from  $\delta$  cells inhibits both insulin and glucagon release [6]. In addition to these paracrine relating hormones, a number of factors including amylin [7] and urocortin 3 [8-10] are expressed in pancreatic  $\beta$  cells and functionally serve as local autocrine factors in modulating insulin secretion.

In addition to  $\beta$  cell released local factors, several lines of evidence support the notion that insulin itself also modulates its own secretion. Functional insulin receptors have been identified on pancreatic  $\beta$  cells [11]. Pharmacological studies have shown that the insulin receptor is involved in insulin secretion [11-13]. Further, mice with insulin receptor deleted in pancreatic  $\beta$  cells exhibited defective insulin secretion [14,15]. Currently the underlying mechanism by which insulin regulates insulin secretion remains elusive.

Early studies indicated the existence of second messengers containing inositols and amino hexoses in insulin target tissues to mediate some of insulin's actions [16,17]. 4-O (2amino-2-deoxy- $\beta$ -D-galactopyranosyl)-3-O-methyl-D-chiro-inositol, abbreviated as INS-2, was first isolated in insulin-stimulated liver as an inositol glycan with structure determined and later synthesized as  $\beta$ -1,4-galactosamine pinitol, where pinitol is the 3-O-methyl ether of D-chiro-inositol [18]. Functional studies demonstrated that INS-2 is insulin mimetic and insulin sensitizing [18]. Similar to insulin, INS-2 can lower blood glucose dose dependently in type 2 diabetic rats [18] and can sensitize low dose insulin in lowering hyperglycemia in type 1 diabetic rats [19]. Further, INS-2 stimulates glycogen synthesis dose dependently in hepatoma cells [18], and testosterone production in ovarian theca cells [20]. Most importantly, an INS-2 polyclonal antibody blocks both INS-2 action and insulin action in stimulating testosterone synthesis in ovarian theca cells [20]. This result thus suggests that some cellular effects of insulin are mediated by an extracellularly generated INS-2 like messenger, transported intracellularly for its action [17]. Both extracellular generation of inositol glycans [21] as well as the presence of an ATP dependent inositol glycan transporter have been reported [22].

In the present study, we show that INS-2 stimulates insulin secretion in  $\beta$  cells and potentiates glucose-induced insulin secretion. We then explored the possible mechanism underlying the insulin releasing effect of INS-2. We found that INS-2 regulates insulin secretion by closing of ATP sensitive potassium channels (K<sub>ATP</sub>) and that this effect of INS-2 requires protein phosphatase 2C (PP2C).

## 2. Research Design and Methods

#### 2.1 Reagents

INS-2 and C-INS-2 compounds was synthesized as described previously [18,23]. Chemicals and drugs were purchased from Sigma (St. Louis, MO). Cell culture reagents were purchased from Life Technologies (Grand Island, NY).

#### 2.2 Cell culture

MIN6 cells, a mouse clonal  $\beta$  cell line, were cultured in high glucose Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% fetal bovine serum, 1mM sodium pyruvate, 1% penicillin/streptomycin and 86 M  $\beta$ -mercaptoethanol. MIN6 cells were transduced with lentiviral particles and cultured for 72 hours prior to use in experiments. All cell culture reagents were purchased from Invitrogen.

#### 2.3 Islet Isolation

Islets were isolated from adult male C57BL/6J mice (aged between 15-18 weeks) purchased from Jackson Laboratory (Bar Harbor, ME) via intraductal collagenase digestion and density centrifugation as described previously [24]. After isolation, islets were hand-picked, size-matched and maintained in RPMI media supplemented with 10% (v/v) FBS and 1% penicillin/streptomycin. Animal procedures were approved by the University of Virginia Animal Care and Use Committee.

#### 2.4 Lentiviral Vector Production

A sequence to knockdown mouse PP2C expression was designed based on earlier reports [25,26]. A lentiviral vector expressing small hairpin RNA (shRNA) against mouse PP2C was generated as previously described [27]. Briefly, a PP2C shRNA expressing cassette driven by a U6 promoter was constructed and cloned into a lentiviral packaging vector (p156RRLsinPPtCMV-GFP-PREU3Nhe, kindly provided by Dr. Inder Verma, The Salk Institute). The viral vector expresses green fluorescent protein (GFP) under the control of a CMV promoter, allowing visual identification of cells infected by the viral vector. The shRNA PP2C vector and lentiviral packaging plasmids were co-transfected into HEK239FT cells. After transfection, the supernatant containing viral particles was harvested, clarified, and concentrated by centrifugation. In addition to the shRNA PP2C lentiviral vectors, a control vector expressing a non-coding scrambled sequence was also generated using the same method.

#### 2.5 Insulin Secretion

Ten islets were incubated in 250 L of Kreb-Ringer bicarbonate HEPES buffer (KRB) consisting of the following in mM: NaCl (129), KCl (4.8), CaCl<sub>2</sub> (2.5), MgCl<sub>2</sub> (1.2), NaH<sub>2</sub>PO<sub>4</sub> (1.2), NaHCO<sub>3</sub> (5), HEPES (10) and 0.1 % BSA per well in a 48 well plate or 80,000 MIN6 cells were seeded per well in a 48 well plate. Both the cells and islets were equilibrated for 15 minutes at 37°C in KRB buffer. The preincubation was followed immediately by a 30 minute pretreatment with testing agents then stimulated with high glucose (16.8mM) for 60 minutes. Insulin concentrations in KRB buffer were determined with an insulin ELISA kit (Millipore). Insulin secretion assays were performed in triplicate and insulin ELISAs were averaged in duplicate.

#### 2.6 Electrophysiology

Whole cell voltage clamp recordings were obtained from MIN6 cells on a fluorescence microscope (Zeiss Axioskop FS) using pCLAMP software interfaced with an Axopatch 200B amplifier via a Digidata 1322A digitizer (all from Molecular Devices, Foster City,

CA). In some cases, cells were infected either with noncoding scramble or PP2C shRNA viral constructs and identified by GFP fluorescence. All recordings were performed at room temperature. Pipettes were pulled from borosilicate glass capillaries to a DC resistance ranging from 3 to 5 M $\Omega$  and coated with Sylgard 184 (Dow Corning, Midland, MA). The pipette solution contained (in mM): 120 KCH<sub>3</sub>SO<sub>3</sub>, 4 NaCl, 1 MgCl<sub>2</sub>, 0.5 CaCl<sub>2</sub>, 10 HEPES Na, 10 EGTA (pH 7.2 adjusted by KOH). The bath solution contained (in mM): 140 NaCl, 3 KCl, 10 HEPES Na, 5 glucose, 2 CaCl<sub>2</sub>, and 2 MgCl<sub>2</sub> (pH 7.3, adjusted by NaOH). ATP was omitted from the pipette solution and glucose was omitted from bath solution to induce activation of K<sub>ATP</sub> channels. INS-2 and/or Glibenclamide were applied at 10  $\mu$ M concentration where indicated. Series resistance was compensated (60-75%) and monitored throughout the recordings to ensure adequate compensation. Cells were held at -60 mV, and hyperpolarizing ramps (70 mV/sec, from -60 to -130 mV) were applied at 10 sec intervals. For analysis, slope conductance (G) was evaluated by linear fits to currents over the membrane potential range from -70 to -100 mV.

#### 2.7 Statistics

Results are expressed as the mean  $\pm$  SEM. Statistical analyses were performed using repeated measures, two-way ANOVA with *post hoc* tests or student's *t*-tests when appropriate using Prism 5 software (GraphPad).

#### 3. Results

#### 3.1 INS-2 stimulates insulin secretion in β cells

To investigate the effect of INS-2 on insulin secretion, MIN6 cells were treated with various concentrations of INS-2 and insulin levels in the media were determined by ELISA. As shown in Fig. 1A, INS-2 stimulates insulin secretion in MIN6 cells in a dose dependent manner under low glucose conditions. Importantly, INS-2 potentiates glucose-induced insulin secretion (GSIS; Fig. 1B). The effect of INS-2 on insulin secretion was also determined using isolated mouse islets. Similar to MIN6 cells, INS-2 potentiated GSIS in isolated mouse islets (Fig. 1C); however, in contrast to MIN6 cells, INS-2 had a mild effect on insulin release in 2.8 mM glucose conditions (Fig. 1C).

#### 3.2 Effect of sulfonylurea receptor agonist on INS-2-induced insulin secretion

To investigate the possible mechanism underlying the effect of INS-2 stimulated insulin release, we treated MIN6 cells with tolbutamide, a sulfonylurea receptor (SUR) agonist, with or without INS-2. As shown in Fig. 4, INS-2 and tolbutamide alone greatly stimulated insulin secretion. Interestingly, pre-treating cells with INS-2 failed to further potentiate tolbutamide-induced insulin secretion (Fig. 1D). The mechanism by which tolbutamide stimulates insulin secretion is that tolbutamide binds and closes ATP-sensitive potassium channels ( $K_{ATP}$ ) [28,29]. The lack of additional insulin releasing effect of INS-2 in the presence of tolbutamide suggests either that the insulin release mechanism was saturated or that INS-2 may regulate insulin secretion via a mechanism involving  $K_{ATP}$  channels.

#### 3.3 INS-2 inhibits K<sub>ATP</sub> channels in pancreatic β cells

In order to test directly if INS-2 acts via inhibition of  $K_{ATP}$  channels, we recorded from MIN6 cells using whole cell voltage clamps (Fig. 2). After establishing the whole-cell configuration at -60 mV with an ATP-free pipette solution, we always observed a gradual increase in outward holding current; this time-dependent current was attributed to activation of a  $K_{ATP}$  conductance since it was abrogated in the presence of glibenclamide (Fig. 2). The glibenclamide-sensitive outward current typically saturated at the maximum level within 6 min. Once a stable peak current was attained, we examined the effects of INS2 and glibenclamide (Fig. 2C) inhibited conductance rapidly (in < 30 s) and strongly (72.1 ± 3.6 % and 63 ± 4.7 %, respectively). After INS2-induced block, glibenclamide had only modest effects on the residual current and, correspondingly, after glibenclamide-induced block, INS-2 had little further effect. In addition, the *I*-V characteristics of INS-2 and glibenclamide-sensitive currents were essentially identical (Fig. 2B, 2D and Insets). These data indicate that INS-2 inhibits glibenclamide-sensitive  $K_{ATP}$  channels in MIN6 cells.

#### 3.4 Phosphoprotein phosphatase receptor is involved in INS-2 stimulated insulin secretion

It has been determined that INS-2 interacts with at least two prominent protein targets: protein phosphatase 2C (PP2C) and pyruvate dehydrogenase phosphatase-1 (PDHP-1) [18,19]. C-INS-2, a carbon bridge analog of INS-2, has been shown to retain activity on PDHP-1, but was inactive on PP2C [23]. To investigate the possible downstream target of INS-2 in insulin secretion, we treated MIN6 cells with C-INS-2. As shown in Fig. 3, in contrast to INS-2 (100  $\mu$ M) which again stimulated insulin secretion, C-INS-2 at the same concentration was completely inactive. The above results suggest that INS-2 stimulation of insulin secretion is not due to effects on PDHP-1, and that PP2C may be the relevant target for INS-2 action.

To establish more directly that PP2C is a target of INS-2 in insulin secretion, a lentiviral vector expressing small hairpin (shRNA) against mouse PP2C was constructed to knock down expression of PP2C in MIN6 cells (Fig. 4). We found that INS-2 failed to induce insulin secretion in MIN6 cells infected with PP2C shRNA lentiviral vector compared to cells infected with control noncoding viral vector (Fig. 4). Thus, PP2C is established as a target of INS-2 action to stimulate insulin secretion in MIN6 cells. Notably, tolbutamide retained the ability to induce insulin secretion in PP2C-depleted cells, suggesting that loss of PP2C did not directly affect  $K_{ATP}$  channel function and that PPC2 is an intermediary in the signaling pathway from INS-2 to  $K_{ATP}$  channels.

#### 3.5 INS-2 induced block of K<sub>ATP</sub> channel requires PP2C

To further test this proposed role for PP2C in INS-2-mediated  $K_{ATP}$  channel inhibition, we examined  $K_{ATP}$  channel activity in MIN6 cells treated with PP2C shRNA viral vector. As shown in Fig. 5, and consistent with our earlier results in uninfected cells, INS-2 potently blocked ~80% of  $K_{ATP}$  current in cells infected with control viral vector (Fig. 5A, 5C). However, in cells infected with PP2C shRNA virus (Fig. 5B, 5D), INS2 was unable to inhibit  $K_{ATP}$  current (decreased by only ~4%) which could subsequently be nearly

completely blocked by glibenclamide. Thus, INS-2-induced block of  $K_{ATP}$  channels, similar to INS-2-evoked insulin secretion, requires PP2C.

### 4. Discussion

The ability of insulin to regulate its own secretion has been proposed [14,30,31] but a mechanism has not been established. The present study demonstrates that INS-2, an insulin mimetic and putative second messenger, stimulates insulin secretion in both MIN6 cells and isolated mouse islets. Further, we found INS-2 failed to potentiate insulin secretion induced by Tolbutamide, which stimulates insulin release from  $\beta$  cells by closing K<sub>ATP</sub> channels [28]. This result argues that INS-2 and tolbutamide share a similar mechanism in regulating insulin secretion. Consistent with this notion, our electrophysiological data showed that INS-2 inhibits K<sub>ATP</sub> channels. Importantly, glibenclamide, a second generation sulfonylurea, had no effect on current when cells were first treated with INS-2 and vice versa. These results further support our hypothesis that INS-2 stimulates insulin secretion, at least in part, by regulating K<sub>ATP</sub> channel activity.

A key question is then how INS-2 regulates  $K_{ATP}$  channel activity. Earlier studies have identified at least two targets of INS-2: PP2C and PDHP-1 [18,19]. They both contain potential allosteric binding sites for INS-2 adjacent to the catalytic sites using *in-silico* studies based on X-ray crystal structures of the enzymes [19,23]. We have further shown that an acidic amino acid is required for allosteric binding of INS-2 in each enzyme; aspartic acid at position 243 [19] in PP2Ca and glutamic acid at position 351in PDHP-1 [23]. The current study showed that C-INS-2, a modified carbon bridge analog of INS-2 [23], had no effect in insulin secretion. As C-INS-2 retains activity on PDHP-1, but is inactive on PP2C [23], these results argues against a role for PDHP-1 and suggests that INS-2 likely targets PP2C in  $\beta$  cells in regulating insulin secretion. Moreover, Yoshizaki and co-workers have determined that PP2C is involved in mediating the effect of insulin in fat cells [32]. They found that PP2C promotes insulin action in adipocytes by dephosphorylating the p85 regulatory subunit of PI3 kinase (PI3K), thus facilitating the dissociation of the regulatory subunit from p110 catalytic subunit [32]. Taken together we postulate that INS-2 regulates  $K_{ATP}$  activity through PP2C.

Consistent with our hypothesis, suppressing PP2C expression in MIN6 cells by shRNA against PP2C effectively abrogated the effect of INS-2 in insulin secretion, confirming that PP2C is involved in INS-2 stimulated insulin release. Our electrophysiological study further indicates that in PP2C knockdown MIN6 cells, INS-2 failed to modify  $K_{ATP}$  channel activity while, interestingly, glibenclamide remained effective in closing  $K_{ATP}$ . This result suggests that: (1) INS-2 must interact at a site distinct from the drug binding site on the SUR subunit of the  $K_{ATP}$  channel complex, and (2) PP2C is not required for glibenclamide binding to SUR. Our study also indicates that INS-2 regulates  $K_{ATP}$  channel activity through PP2C but not SUR, or at least not on sulfonylurea binding sites [28,29]. Several protein phosphatases including PP2A and PP2B have been found in  $\beta$  cells [33]. On the other hand, there are no reports of detection of PP2C in  $\beta$  cells or islets. The present study shows for the first time that PP2C is expressed in MIN6 cells and is involved in regulating insulin

secretion. Thus, the present study identifies a novel mechanism involving PP2C in regulating  $K_{ATP}$  channel activity and consequently insulin secretion.

Currently it remains to be determined as to how PP2C regulates  $K_{ATP}$  channel activity. PP2C has been shown to directly bind and regulate  $Ca^{2+}$  channels in neurons [34]. Flajolet et al. has also shown that PP2C binds and dephosphorylates metabotropic glutamate receptors [35]. Thus, it is conceivable that PP2C interacts directly with the  $K_{ATP}$  channel to modulate the channel activity by dephosphorylation of key residues on the channel. Both the ATP inhibited pore-forming K<sup>+</sup> channel as well as the SUR have been reported to have kinase phosphorylation sites [36,37]. Of interest, both serine as well as threonine sites have been identified. Threonine is known as the preferred substrate for PP2C [38]. Further experiments are needed to identify the site(s) dephosphorylated by PP2C via activation by INS-2 and the mechanism of increased insulin secretion. Clearly this work defines a novel mechanism of inositol glycan stimulated insulin secretion.

In the present study, we show that INS-2 stimulates insulin secretion in MIN6 cells under basal glucose conditions. On the other hand, in isolated mouse islets the compound potentiates GSIS without significant effect on insulin release under basal conditions. The discrepancy may be due to a number of issues including differences in levels of PP2C or KATP between MIN6 cells and mouse islets and may be of interest to explore. It is also noteworthy that INS-2 potentiates GSIS in both MIN6 cells and isolated mouse islets, suggesting the mechanism underlying INS-2 action is still operational under high glucose conditions. Glucose induces insulin secretion by elevating intracellular ATP levels, which then in turn closes KATP channels [39] to open voltage dependent calcium channels [40,41] and stimulates extracellular purinergic receptors to promote insulin secretion [42,43]. It is not immediately clear as to how INS-2 remains effective in facilitating insulin release in the face of elevated ATP levels. It is possible that elevated ATP in cells does not bind and close all the  $K_{ATP}$  channels in  $\beta$  cells, thus allowing INS-2 to participate in closing additional channels. It is also possible that in addition to KATP, INS-2 and/or PP2C acts on as yet unidentified targets to regulate insulin secretion. More studies are needed to further resolve this issue.

In conclusion, we have determined that INS-2, an insulin mimetic and possible second messenger, stimulates insulin section and potentiates glucose induced insulin secretion. The mechanism by which inositol glycans stimulates insulin secretion is due, at least in part, to the closure of  $K_{ATP}$  channels in a PP2C dependent manner.

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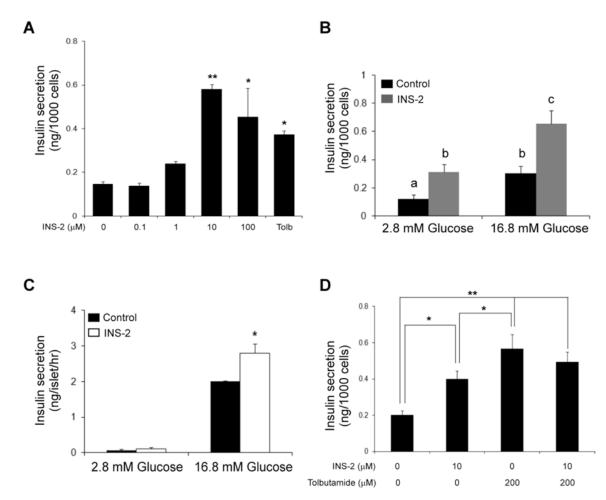
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# Highlights

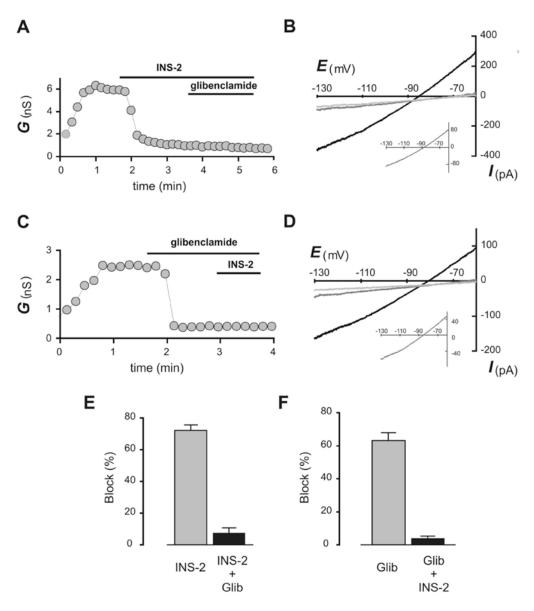
- INS-2 is a D-chirl-inositol with insulin mimicking effect.
- INS-2 stimulates insulin secretion from pancreatic cells
- INS-2 stimulates insulin release by inhibiting ATP-sensitive  $\rm K^+$  channels ( $\rm K_{ATP}$ ).
- The inhibitory effect of INS-2 on  $K_{ATP}$  is mediated by protein phosphatase 2C.

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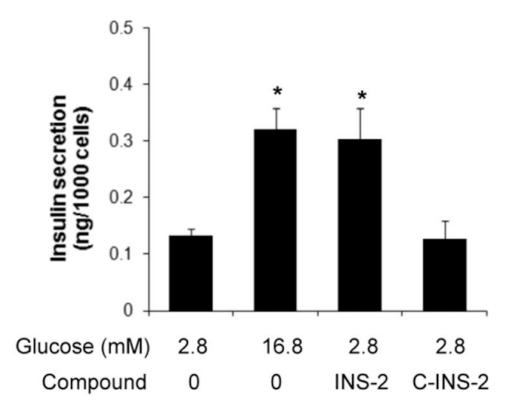
#### Fig. 1. INS-2 stimulates insulin release from pancreatic $\beta$ cells

A: MIN6 cells were incubated with varying concentrations of INS-2 ( $0.1 - 100 \mu$ M) or tolbutamide (Tolb; 200  $\mu$ M) in 2.8 mM glucose for 90 min and insulin concentrations in media determined by ELISA. B: Insulin secretion in MIN6 cells pre-treated with INS-2 (10  $\mu$ M) for 15 min before stimulated with basal glucose (2.8 mM) or high glucose (16.8 mM) for 90 min. Groups with different letters are significantly different (*P*<0.05). C: Insulin secretion in islets (10) treated with INS-2 (10  $\mu$ M) for 15 min before stimulation with either 2.8 or 16.8 mM glucose for 60 min. D: Insulin secretion in MIN6 cells treated with INS-2 (10  $\mu$ M) alone, tolbutamide (Tolb; 200  $\mu$ M) alone and a combination of the two compounds in the presence of low glucose (2.8 mM). \*\**P*<0.01, \**P*<0.05 vs. control.



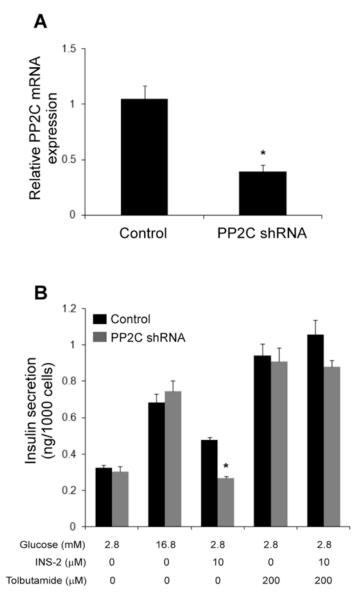
# Fig. 2. INS-2 inhibits outward current through ATP-sensitive potassium channels $(K_{\mbox{ATP}})$ in pancreatic $\beta$ cells

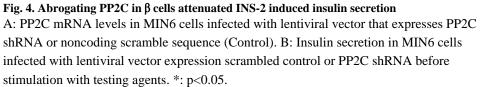
**A, C.** Representative time-series of conductance derived from slopes of the corresponding *I*-V curves (in B & D, between -70 and -110 mV); glibenclamide and INS-2 were applied as indicated. **B, D**. Representative *I*-V relationships of currents recorded in response to hyperpolarizing ramps before drug exposure (*black*), during exposure to the first drug (INS-2 in B, glibenclamide in D, *dark grey*) and after exposure to both drugs (glibenclamide + INS-2, *light grey*). Insets show averaged *I*-V-relationship of INS-2-sensitive current (in B) and glibenclamide-sensitive current (in D, n = 6 for each). **E, F.** Averaged inhibition of conductance by initial applications of INS-2 (72.1 ± 3.6%, n = 6) and glibenclamide (Glib;  $63 \pm 4.7\%$ , n = 6). Note that INS-2 and glibenclamide had similar inhibitory effects on K<sub>ATP</sub> currents.



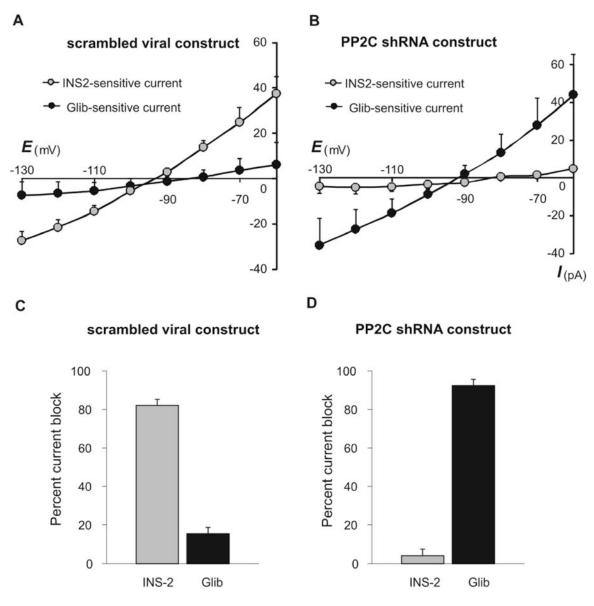
# Fig. 3.

Insulin secretion in MIN6 cells treated with basal, 16.8 mM glucose, INS-2 (100  $\mu$ M) or C-INS-2 (100  $\mu$ M) for 90 min. \*: p<0.05 vs. 2.8 mM G.





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#### Fig. 5. INS-2 block of KATP channel requires PP2C

**A, B**. Averaged *I*-V curves of INS-2- and glibenclamide (Glib)-sensitive currents recorded in MIN6 cells infected with control viral construct (A, n = 7) or infected with a PP2C shRNA construct (B, n = 7). **C**. In cells infected with control virus, INS-2 blocked nearly all of the K<sub>ATP</sub> current (82.0 ± 3.2%); after INS-2, glibenclamide had little further effect (15.3 ± 3.3%, n = 7). **D**. In cells infected with PP2C shRNA, INS-2 was ineffective at inhibiting K<sub>ATP</sub> current (4.0 ± 4.2%) which could be subsequently blocked by glibenclamide (92.4 ± 4.8%, n = 7).